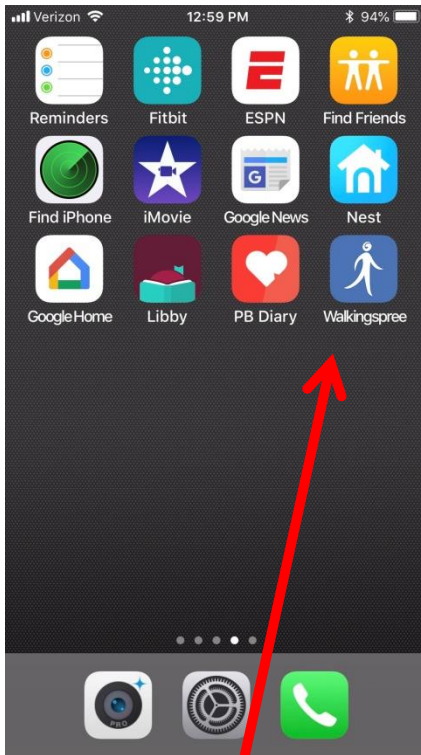
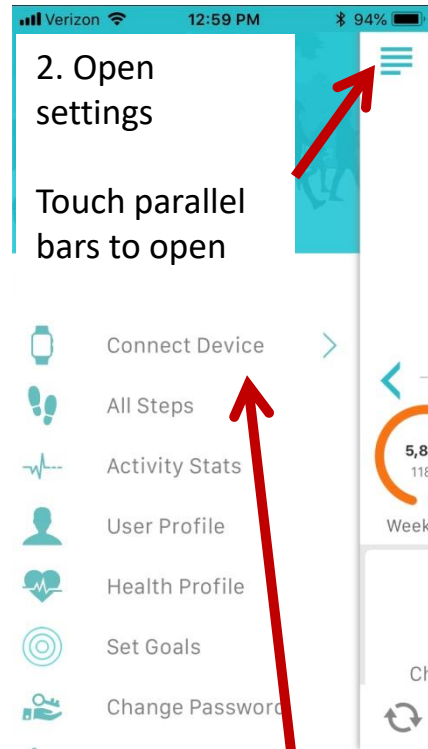


Download the Walkingspree App
Fitbit, Apple Health, Garmin linking with the Walkingspree App
Available in the Apple App Store or for Android in the Google Play Store
Please update your app if needed.

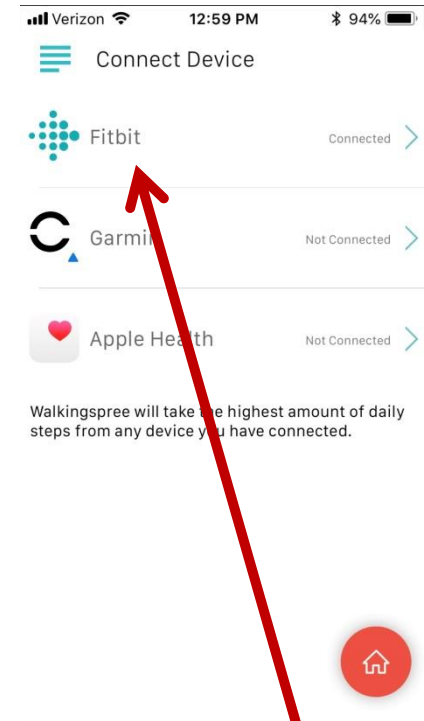
You will need your Apple App Store user name and password or your Google Play user name and password and your Walkingspree user name and password



1. Open the Walkingspree App



3. Select "Connect Device"



Choose which device you would like to "link". For any Fitbit devices select "Fitbit" For Apple Watches select "Apple Health"