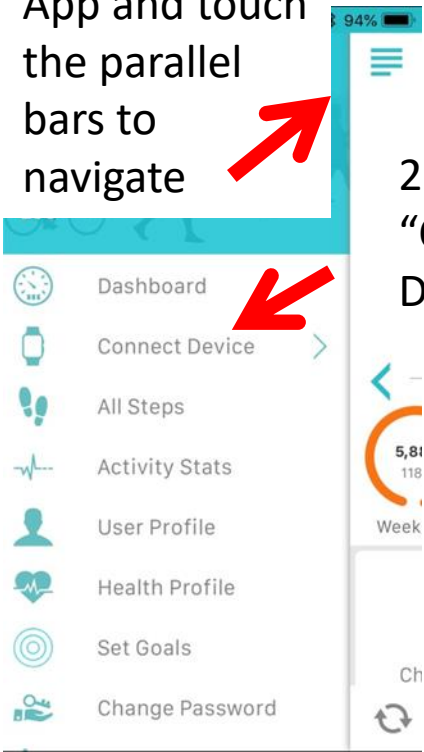
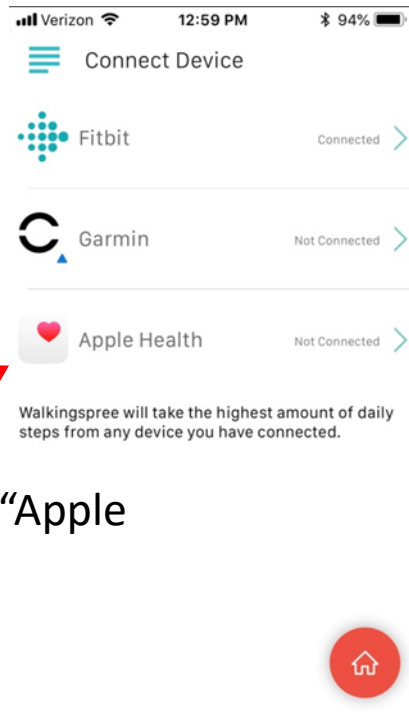


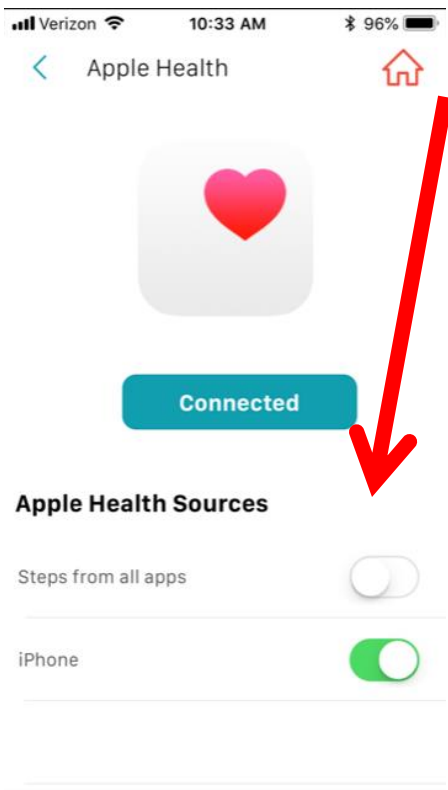
1. Open the Walkingspree App and touch the parallel bars to navigate



2. Select "Connect Device"



3. Select "Apple Health"



4. Authorize Walkingspree to "Read Data" from your Apple Health account.

ANDROID USERS: Go to the Google Play Store and download the "Walkingspree" app and connect your account to the "Google Health" account when you select "Connect Device"